

Nail aftercare guide

You just invested time and money into your nails. A little daily care keeps them looking fresh longer, protects your natural nails, and makes every visit easier.

01 First 24 hours

- The product is still settling, so give it a gentle first day.
- Avoid long hot baths, hot tubs, saunas and steam rooms — heat softens the product and can lift the edges.
- Keep chlorine and salt water off your nails today.
- Gloves on for dishes, cleaning and anything with chemicals.
- Try not to knock the tips — heavy typing, opening doors or digging in a bag is where a fresh set chips.

02 Every day

- **Cuticle oil 2–3 times a day.** The number one thing that makes a set last. Dry cuticles peel and lift, and a lifted edge is where a set starts to fail.
- Hand lotion after every hand wash, then pat the nails dry instead of rubbing them.
- Gloves for cleaning, dishes, gardening and any harsh product — household cleaners dull shine and loosen the seal.
- Sunscreen on your hands keeps chrome, cat-eye and bright colors from fading.

03 Your nails are not tools

- Use the pads of your fingers for typing, opening cans and lids, peeling labels, scratching and prying things open.
- Longer sets need a lighter touch — press with the side of the nail rather than the tip.
- Boxes, car doors, gym equipment and zippers are the usual breakage culprits.

04 If something lifts, cracks or goes missing

- Don't pull it. A lifted nail is a doorway for water and bacteria, and pulling takes layers of your natural nail with it.
- Trim the loose part short so it can't snag, keep it dry, and come in for a repair — basic repairs are \$5 per nail.
- Notice a green spot, a smell, or pain under a nail? Come in right away — that's trapped moisture, not something to wait out.

05 At home, keep it gentle

- No buffing or filing the surface — it takes the shine off and thins the product.
- No acetone polish remover on a gel or acrylic set.
- Clean under the free edge with a soft brush and mild soap, then dry well.
- Skip the pumice stone and foot files between visits — that's what your next appointment is for.

06 Toes

- Moisturize around the toes daily and oil any dry skin so nothing peels or snags.
- Give freshly done toes room — tight shoes press the sides and dent a set that hasn't fully settled.
- Dry well after bathing; moisture trapped at a lifted edge is where problems start.

07 Stay ahead of the growth

- The seam where your new growth meets the product is the weakest point of the set.
- Book your next fill before that gap gets long — the longer you wait, the more likely the set is to lift or break at the base.
- Hard on your hands? Tell Keii. The right length and shape for your day-to-day life makes a set last weeks longer.

08 Coming off right

- Never peel or pry a set off at home — it strips the top layers off your natural nails, and they take weeks to grow out.
- Come in for a soak-off (\$15) so your natural nails stay strong and healthy.
- Arrive with bare nails for your next appointment — Keii doesn't work over another nail technician's work.

Morning

- Cuticle oil on every nail
- Lotion after the first hand wash
- Gloves on before dishes or cleaning

Through the day

- Re-oil after every wash or sanitizing
- Pat dry — never rub the surface
- Use finger pads, not the tips

Before bed

- One more round of cuticle oil
- Check the edges for any lifting
- Anything loose? Trim it short, don't pull

Always

- ✓ Oil your cuticles 2–3 times a day
- ✓ Lotion your hands after every wash
- ✓ Wear gloves for dishes, cleaning and gardening
- ✓ Pat nails dry, and dry under the free edge
- ✓ Use the pads of your fingers, not the tips
- ✓ Sunscreen on your hands to keep color from dulling

Never

- ✗ Use nails to open cans, lids, labels or boxes
- ✗ Pick, peel or pry at the product
- ✗ Buff or file the surface at home
- ✗ Soak in hot tubs, saunas or long hot baths on day one
- ✗ Put acetone polish remover on a gel or acrylic set
- ✗ Peel a set off at home

SOMETHING NOT RIGHT?

Send Keii a photo

Lifting, a cracked nail, a color that isn't sitting right — message her instead of picking at it. Fixing it early keeps your natural nails intact.

[@nailz.by.keii](https://www.instagram.com/nailz.by.keii)